



## **COVID19 PROTOCOL – JULY 2020**

The Government has now granted physical therapists a return to practice, providing certain caveats are adhered to. If you choose to book a treatment with me then, things may well look a little different. In addition to the usual hygiene standards operated here, further steps have been taken to protect your health and that of your therapist.

### **THE ENVIRONMENT**

The treatment room has undergone a deep clean, the flooring has been updated, and all equipment pared down to essentials only.

Disposable headrest covers are still in use, and all table materials continue to be changed between clients, in addition I have added single use sheets.

I will be wearing a face shield and all clothing will be changed between clients. All equipment and areas will be thoroughly cleaned and sterilised after each treatment.

### **YOUR VISIT**

You will be called 24 hours ahead of your appointment to ensure you are well and free any COVID symptoms.

On arrival: Please bring your own mask (one will be here for you if necessary). You will be offered disposable overshoes and directed to hand washing facilities before entering the therapy room. Please bring your own drinking water if possible.

### **PAYMENT**

Prepayment by bank transfer would be appreciated but cash is also acceptable. Envelopes will be here for you to place it in. Please note: in line with other small therapy businesses there will be an additional charge of £3 per client towards the above costs. This is temporary and will cease as soon as possible.

**NEW CLIENTS:** Initial consultation will be by phone or video link ahead of your appointment.

**PLEASE NOTE: IF YOU ARE CONSIDERED A HIGH RISK CLIENT OR ARE SHIELDING IT MAY NOT BE POSSIBLE TO MASSAGE YOU AT THIS TIME. PLEASE CALL IF YOU ARE UNCERTAIN AS TO WHETHER OR NOT THIS RELATES TO YOU AS NEW GUIDELINES ARE NOW OPERATING.**

**The above may be subject to change.**